

Retreat Schedule

Friday, August 21

4:00-6:30 pm Registration

6:00-6:45 PM Dinner

6:45-9:00PM Session I

Saturday, August 22

7:00-8:00 AM Breakfast

9:00-12:00 AM Session II
(With a break)

12:00-1:00PM Lunch

1:00-4:00 PM Free

4:00-6:00 PM Session III

6:00-7:00 PM Dinner

7:30-9:30 PM Ed Kilbourne Concert

Sunday, August 23

7:00-8:00 AM Breakfast

9:00-11:30 AM Session IV

11:00 - 11:45 Closing Worship

Afternoon Options - massage by pre-appointment from licensed therapists, (See registration form); guided nature walk, guided labyrinth walk, shopping, recreation options, relaxation, conversation

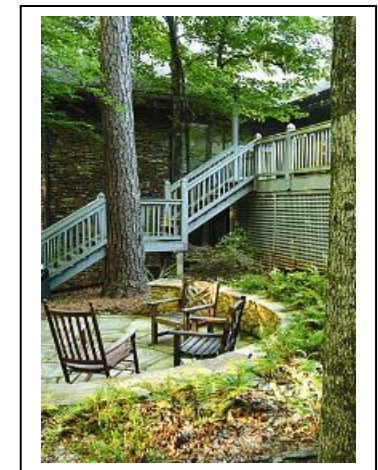


John Simmons

Registrar
Center for Renewal
1596 Main St
Comer, GA 30629
Address Correction Required

Spirituality and Healing Retreat

August 21-23, 2009



Center for Renewal
At Simpsonwood

Phone: 706-783-4863, Meg Morrison
Web site: www.simpsonwood.org

Beyond pills and procedures

Discover and experience practices with potential to progress healing and wholeness.

Participants in this retreat will have opportunity:

- to discover alternatives to frustrating and disappointing experiences with a healthcare system offering pharmacy and procedures alone,
- to learn about and experience the benefits of spiritual practice and how mind/body medicine can compliment healing.
- to learn about mind/body research;
- to experience holy ritual engaging spirit, mind and body,



Ed Kilbourne

Who should attend?

- Those interested in current research on spirituality and health
- Those with a recent diagnosis of a serious illness
- Those with chronic illness or symptoms unresponsive to usual treatments
- Clergy
- Physicians
- Pastoral Counselors
- Parish Nurses
- Stephen Ministers

Workshop Leader: John W. Simmons, MD
John Simmons, a family practice physician, grew up in Jonesboro, Georgia. John currently practices and serves as medical director of the Spartanburg Center for Health and Healing at Spartanburg Regional Health Care System, South Carolina.

John has studied spirituality with Matthew Fox and continues his own journey through study of spirituality in healthcare through research and workshop experiences. John's current work translates health and healing research into daily spiritual practices which provide opportunity for persons to experience healing, whether or not a cure is available.

If you would like to discuss your participation in the retreat and its potential meaning for you, John can be reached at 864-266-7164, or at jsimmons3@charter.net.

Evening Entertainment: Ed Kilbourne
Known for his moving music, clever humor, and insightful monologues Ed will perform in concert Saturday evening.

Registration Form

<i>Sign up for:</i>		<i>Time</i>	<i>Price</i>
<input type="checkbox"/>	Program & Lodging Double Occupancy	Aug. 21-23	\$270.00
<input type="checkbox"/>	Program & Day Use Fees	Aug. 21-23	\$240.00
<input type="checkbox"/>	Message	by Aptmnt.	\$60.00
*Total			_____

Name

Address

Phone

E-mail

Special needs request: Please let us know prior to the event if you need handicap accessible room or if you have special dietary needs.

Rate Explanation:

Program and lodging rate includes program, over night room Friday and Saturday, Friday and Saturday dinner, Saturday and Sunday breakfast, and Saturday lunch. There is no additional day use fee for participants staying overnight.

Program and day use rate is the total amount to pay for those participating in the program and eating meals, but not staying overnight. Rate includes program, Friday dinner, Saturday lunch and dinner

Method of Payment: Make checks to NGUMC. Mark for: *Spirituality and Healing Retreat.*

*Registration/reservation requires payment

Meg Morrison
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